










What Can You Do in a Second, Minute or Hour?

What can you do in a second?	What can you do in a minute?	What can you do in an hour?

Use the bank of activities below to cut and stick into the table.

				
blink	brush your hair	watch tv	smile	water a plant
				
paint a picture	wave	fill a water bottle	go swimming	

What Can You Do in a Second, Minute or Hour?

What can you do in a second?	What can you do in a minute?	What can you do in an hour?

Use the bank of activities below to sort into the table.

sneeze

eat a biscuit

bake a cake

drop something

tie your shoelaces

walk a dog

scratch an itch

toast bread

play a board game

shiver

write a sentence

go to the supermarket

What Can You Do in a Second, Minute or Hour?

Think of activities you can do in a second, minute or hour. Write the activities in the table below.

What can you do in a second?	What can you do in a minute?	What can you do in an hour?

Answers

What Can You Do in a
Second, Minute or Hour?

What can you do in a second?	What can you do in a minute?	What can you do in an hour?
blink	brush your hair	watch TV
smile	water a plant	paint a picture
wave	fill a water bottle	go swimming

Answers

What Can You Do in a
Second, Minute or Hour?

What can you do in a second?	What can you do in a minute?	What can you do in an hour?
sneeze	eat a biscuit	bake a cake
drop something	tie your shoelaces	walk a dog
scratch an itch	toast bread	play a board game
shiver	write a sentence	go to the supermarket

Answers

What Can You Do in a
Second, Minute or Hour?

Pupils' responses may vary but should include activities which are suitable for a second, minute and hour.